

Name _____ Age _____ DOB _____ Today's date _____

Cell Phone _____ Work Phone _____ Other _____ Occupation _____

Email Address _____

Pharmacy & Address _____

Reason for Appointment: () Annual routine; OR () Other/problem: _____

I request these tests today: () Pap Smear. () STD test. () HIV test. () cholesterol.

() other: _____

First day of last menstrual cycle _____

Do you currently need/use contraception? _____ If yes what? _____

My periods are: () regular. () irregular. () cramps. () abnormal bleeding. () other: _____

Please list all current medications: or if none please check here: ()

| Name | Dose | Directions | Reason | Prescriber |
|------|------|------------|--------|------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Supplements: () multivitamin. () calcium. () vitamin D. () other: _____

Please list any allergies: () none. () latex. () peanuts. () other:

| Allergy | Reaction |
|---------|----------|
| | |
| | |
| | |

| Activity | Frequency | Amount |
|--|-----------|--------|
| Tobacco/vaping: () never. () former. () current: | | |
| Alcohol: () never. () former. () current: | | |

Patient updates since your last visit here in our office:

New personal updates _____

New family updates _____

Currently are you experiencing any problems in the following areas?

| Issue | Yes | No | Issue | Yes | No |
|----------------------|-----|----|-----------------------|-----|----|
| General Wellness | | | Muscle, joints, bones | | |
| Eyes | | | Skin | | |
| Ears, nose, throat | | | Neurologic | | |
| Heart/circulation | | | Psychiatric | | |
| Lungs/breathing | | | Endocrine | | |
| Stomach/digestion | | | Blood/lymph | | |
| Reproduction/urinary | | | Allergies | | |

Returning patients please STOP here. New patients, please complete back of page.

Health Questionnaire for New Patients

Age of onset menstrual cycle _____ Days of bleeding _____ Issues _____

Date of last PAP test: _____ Results: _____ Where? _____

Have all of your PAP tests been normal? _____

Surgery(ies): () none; **OR LIST ALL (include complications):** _____

Hospitalizations: () none; **OR LIST ALL:** _____

PERSONAL MEDICAL HISTORY:

| Have you ever been diagnosed with: | Yes | No | | Yes | No |
|------------------------------------|-----|----|-----------------------------|-----|----|
| Cancer/type | | | STD | | |
| Diabetes | | | Seizure disorder | | |
| Heart or lung disease | | | Thyroid disorder | | |
| High blood pressure | | | DES exposure? | | |
| Stroke | | | Skin problems | | |
| Kidney or liver disease | | | Blood clot in lungs or legs | | |
| Genetic Disease | | | HPV (Gardasil) vaccinations | | |
| Migraine headaches | | | Gynecological disorder | | |
| Infertility treatment/medication | | | Blood transfusion | | |
| Other | | | Orthopedic problems | | |

FAMILY HISTORY

| Has a family member ever been diagnosed with: | Family Member | Alive? Comments: |
|---|---------------|------------------|
| Cancer (list type): | | |
| Diabetes | | |
| Heart disease | | |
| High blood pressure | | |
| Stroke | | |
| Kidney disease | | |
| Blood clot in lungs or legs | | |
| Genetic disease | | |
| Mental Illness | | |
| Osteoporosis | | |

OBSTETRICAL HISTORY (please include all pregnancies):

| Year | Vaginal or Cesarean & hours in labor | Weight of baby | Gender | Anesthesia? | Complications |
|------|--------------------------------------|----------------|--------|-------------|---------------|
| | | | | | |
| | | | | | |

